COMMUNITY RESOURCES

HEALTH & WELLNESS

Alcoholics Anonymous

687 Cottage St. NE Salem, OR 97301 503-399-0599

Hours: Varies. Schedule at aasalem.com Resources: Peer Support with Maintenance of Sobriety Eligibility: Open to all Areas Served: Polk, Marion, and Yamhill Counties aa-salem.com

Compass Perinatal Support

971-301-2678 Dallas- Bambinos 322 Main St. #200 Dallas, OR, 97338 Hours: Dallas: Wed 10:30am-12pm Salem: Fri 10:30pm-12pm Resources: Free Pregnancy & Postpartum Support Eligibility: Parents Areas Served: Yamhill, Polk & Marion Counties compasspps.com

Ideal Option

675 Orchard Heights Rd NW Ste 180, Salem OR 97304 877-522-1275 Hours: Mon-Thurs 7:30am-6pm Resources: Outpatient Drug & Alcohol Addiction Services & Relapse Prevention Eligibility: Accepts Medicaid, and Most Private Insurances. Serves Low-Income Households

Areas Served: Residents of Oregon idealoption.com

MENTAL HEALTH & ADDICTION

Chehalem Youth & Family

100 E 5th St, Newberg, OR 97132 503-538-4874 **Hours:** Mon-Fri 8:30am-5pm **Resources:** Counseling, Youth Services, Therapeutic Groups, and Educational Support. Supervised Parenting Services. **Eligibility:** Accepts OHP and some major insurances. Sliding fee available.

Areas Served: Yamhill County cyfs.net

Connections Counseling Center

4035 12th St. Cutoff SE #140 Salem, OR 971-600-2714

Hours: Mon-Fri 9am-5pm Resources: Full Range of Mental Health Services Eligibility: Accepts most insurances, please call to verify Areas Served: Polk, Marion, and Yamhill Counties therapytreatmentsalem.com

Marion County Adult <u>Mental Health</u>

3180 Center St. NE Salem, OR 97301 503-588-5351

Hours: Mon-Fri 8am-5pm Resources: Mood Disorders, Anxiety, Trauma Related Issues Eligibility: Accepts OHP and Private Insurance Areas Served: Polk, Marion, and Yamhill Counties co.marion.or.us

Community Medical Services

702 Church St NE, Salem, OR 503-991-5903 Hours: Mon-Sat 5am-4pm Resources: Outpatient Medication-Assisted Treatment, Counseling and Support Services

Eligibility: Accepts Most Insurances, Provides Services to those Suffering from Addiction Areas Served: Polk, Marion, and Yamhill Counties communitymedicalservices.org

Fostering Hope Initiative Woodmansee

Bishop Steiner Building 3737 Portland Rd NE, Salem, OR 97301 503-390-2600

Hours: Residential Specialist Onsite 24 Hours Per Day Resources: Intensive Wrap Around Services ccswv.org

Marion County Children's Behavioral Health

3867 Wolverine St. NE Bldg F, Salem, OR 97305 503-588-5352 Hours: Mon, Tues, Thurs 8am-7pm. Wed. Fri 8am-5pm Resources: Outpatient Services, Juvenile Justice Programs Eligibility: Accepts OHP and Private Insurance Areas Served: Polk, Marion, and Yamhill Counties co.marion.or.us/HLT/MH/Pages /cbh.aspx



COMMUNITY RESOURCES

HEALTH & WELLNESS



Marion County Alcohol & Drug Treatment

2045 Silverton Rd. NE Salem, OR 503-576-4660 Hours: Mon-Fri 8am-5pm Resources: Adult Services, DUI Services, Outpatient Services, Counseling Eligibility: Accepts OHP and Private Insurance Areas Served: Polk, Marion, and Yamhill Counties rehab.com/marion-countyalcohol-and-drug-treatment

Marion County <u>Psychiatric Crisis Ce</u>nter

1118 Oak St. SE Salem, OR 97301 503-585-4949

Hours: 24/7 Resources: Provides in Person Crisis Intervention Eligibility: Adults experiencing impairments in daily functions due to mental health crisis. OHP and Private Insurance accepted. Areas Served: Polk, Marion, and Yamhill Counties co.marion.or.us/HLT/MH/pcc

Narcotics Anonymous

503-990-0861

Hours: 24 Hr. Helpline Resources: Peer Support Eligibility: Anyone Areas Served: Polk, Marion, and Yamhill Counties mwvana.org

Marion County Her Place

503-362-1399 Hours: 24 Hours Support Resources: Assessments, Outpatient Services, Mentor Services, Safety Service Provider, Court Advocacy Eligibility: Accepts OHP and Private Insurance Areas Served: Polk, Marion, and Yamhill Counties co.marion.or.us/HLT/ATS/Page s/her-place.aspx

McMinnville Cooperative Ministries

544 NE 2nd St. McMinnville, OR 97128 503-472-5622

Hours: Tues, Thurs 9am- 12pm Resources: 12 Step Literature Eligibility: Self Referrals Areas Served: Polk, Marion, and Yamhill Counties mac-coop.org

OPGR- Oregon Problem Gambling Resource

Confidential Help: 1-877-695-4648 **National Hotline:** 1-800-662-1644 **Live Chat:** 9am-9pm **Text:** 503-713-6000 Mon-Fri 9am-9pm **opgr.org**

Marion County Woodburn Services

976 N Pacific Hwy Woodburn 503-981-5851 Hours: Mon-Fri 8am-5pm Resources: Adult and Adolescent Treatment Services, Assessments, Outpatient Services, DUI Services Eligibility: Accepts OHP and Private Insurance Areas Served: Polk, Marion, and Yamhill Counties co.marion.or.us/HLT/rural/Pa ges/wdburn.aspx

Medication Assisted <u>Treatment Services</u>

2045 Silverton Rd NE Salem, OR 503-588-5358 Hours: Mon-Fri 8am-5pm Resources: Outpatient Substance Treatment and Therapies Eligibility: Call to determine eligibility and availability of services. Areas Served: Polk, Marion, and Yamhill Counties co.marion.or.us/HLT/pages/aa

co.marion.or.us/HLI/pages/aa ndd.aspx

Polk County Recovery Outreach Community Center

945 SE Uglow Ave, Dallas, OR. Office: : 503-837-1762 Resource Navigation: 971-718-8668 **Hours:** Wed-Mon 10am-5pm Tues. 12-5pm **Resources:** Peer Support, Resource Navigation, Support Groups, Laundry, Showers, & Food **Eligibility:** Adults 18+ <u>roccsalem.org</u>



COMMUNITY RESOURCES

HEALTH & WELLNESS



Project Able

1599 State St. Salem, OR 97301 503-363-3260

Hours: Mon-Fri 9am-5pm Resources: Peer Support Services to People with Mental Health and Co-Occurring Issues Eligibility: Services are free to individuals 18 and older projectable.org

Provoking Hope

213 NE 10th McMinnville, OR 97128 971-261-2259

Hours: Mon-Fri 8am-5pm Resources: Addiction Recovery Eligibility: Accepts OHP and Private Pay provokinghope.com

Recovery Works NW

308 N Villa Rd, Newberg, OR 97132 503.906.9995

Hours: Mon-Thurs 9am-5pm; Fri 9am-3:30pm Resources: Medication for Addictions, Peer Support, Withdrawal Management, Outpatient Treatment, and DUI. Eligibility: Most insurances including OHP Accepted Areas Served: All Counties recoveryworksnw.com

Salem Free Clinics

1300 Broadway St NE Suite #104, Salem, OR 97301 503-990-8772

Hours: Mon-Fri 8am-5pm Resources: Mental Health Services Eligibility: Sliding Fee Scale Areas Served: Polk, Marion, and Yamhill Counties salemfreeclinics.org

Yamhill County Chemical Dependency

627 NE Evans St. McMinnville, OR 97128 503-434-7527

Hours: Mon-Fri 7:30am-6pm Resources: Adult Programs, Chemical Dependency Counseling Eligibility: Accepts OHP and Private Insurance Areas Served: Yamhill County rehabs.org/yamhill-countychemical-dependency/

Salem Pastoral Counseling

2001 Commercial St SE, Salem, OR 97302 503-370-8050

Hours: Mon-Fri 8am-5pm Resources: Provides Counseling for a Variety of Issues Eligibility: Accepts most insurance plans. Areas Served: Polk, Marion, and Yamhill Counties salempastoralcounseling.org

Yamhill County Youth & Family

420 NE 5th St. McMinnville, OR 97128 503-434-7462

Hours: Mon-Fri 8am-5pm Resources: Counseling for Children Eligibility: Accepts OHP and Private Insurance Areas Served: Yamhill County yamhillcounty.gov/1080/Youth -Services

Valley Mental Health

821 Saginaw St S, Salem, OR 97302 503-589-4046

Hours: Mon-Fri 8am-4:30pm Resources: Individual and Group Setting Eligibility: Call for information Areas Served: Polk, Marion, and Yamhill Counties valleymental.com

Yamhill County Adult Mental Health

627 NE Evans St. McMinnville, OR 97128 503-434-7527 Hours: Mon-Fri 8am-5pm Resources: Counseling and Medication Management Eligibility: Accepts OHP and Private Insurance Areas Served: Yamhill County yamhillcounty.gov/204/Health -Human-Services

