# Yamhill Community Care Organization Collaborative Community Health Improvement Plan (CHIP)

Yamhill County CHIP Progress Report Metrics

July 2023 – June 2024





# **Table of Contents**

Introduction	3
Background	3
Data Collection	4
Focus Areas	
Access to Healthcare	6
Emergency Preparedness	8
Food and Nutrition	10
Housing	12
Infants and Youth	16
Mental Health and Substance Use	21
Transportation	24



# Introduction

The 2023 Yamhill County Collaborative Community Health Improvement Plan (CHIP) is a testament to the shared dedication of Providence Newberg Medical Center (PNMC), Yamhill Community Care (YCCO), and Yamhill County Public Health (YCPH)—collectively referred to as the 'Collaborative'. These organizations are united in their commitment to improving health outcomes for all residents of Yamhill County. Guided by YCCO's vision of a unified healthy community that celebrates physical, mental, emotional, spiritual, and social well-being, the Collaborative works to treat individuals with compassion and dignity, while addressing the root causes of health disparities.

Through this CHIP, the Collaborative seeks to prevent adverse health outcomes, promote healthier behaviors, and enhance access to essential health and community services. The 2023 CHIP adopts a dynamic and inclusive framework, building on the foundational strategies of the 2019-2024 YCCO CHIP while expanding its focus to address social determinants of health and systemic barriers that impact well-being.

# Background

The 2023 CHIP was informed by the 2022 Community Health Assessment (CHA), which utilized the Mobilizing for Action through Planning and Partnerships (MAPP) framework to identify community health priorities. This comprehensive process included extensive community engagement, such as surveys, focus groups, and public forums, to ensure that the voices of underserved and underrepresented populations were heard and integrated. The CHA identified key areas of concern: housing instability, behavioral health and substance use, access to healthcare, economic insecurity, and community connection and social support.



Building on these findings, the Collaborative convened a steering committee to develop the CHIP's actionable goals and strategies. To ensure the plan remained inclusive and representative, advisory groups were established for each of the seven focus areas identified in the CHIP. These groups, composed of community members and stakeholders with expertise in relevant fields, provided valuable feedback on the CHIP's goals and strategies. Many focus areas included multiple advisory groups, and the CHIP as a whole was vetted through additional community groups to incorporate a broad spectrum of perspectives.

Efforts to engage and reduce barriers for underrepresented groups were prioritized throughout the CHIP process. However, limitations remain, such as the self-selection of participants in engagement efforts and gaps in data stratification by race, ethnicity, income, and age. Additionally, while advisory groups played a key role in shaping the CHIP, limitations in meeting frequency posed challenges to coordinating comprehensive feedback. Despite these challenges, the 2023 CHIP is designed as a living document, with strategies and action steps that will evolve based on community input, available resources, and emerging needs.

# **Data Collection**

The 2023 Yamhill County Collaborative Community Health Improvement Plan (CHIP) is rooted in a dynamic, data-driven framework designed to adapt to the evolving needs of the community. Data collection for the CHIP began with extensive community engagement, including health assessment surveys, focus groups, and public forums. These methods provided qualitative insights into the lived experiences of community members, ensuring that the CHIP's strategies and goals are reflective of their realities.

Ongoing data collection and tracking are integral to the CHIP's adaptability and



transparency. A workplan was developed and configured into a collaborative platform called "Achieve It". This strategy ensures key staff from Yamhill County Public Health and YCCO can effectively track data, update progress, and collaborate to address barriers.

The Collaborative holds regular committee meetings to evaluate progress, identify challenges, and refine strategies based on new and emerging data. Progress reports are shared with the community to foster accountability, providing a clear view of how community input continues to shape the CHIP's direction and implementation.

To ensure comparability and clarity, data collection methods and sources remain consistent throughout the CHIP cycle. Any changes to methodologies are clearly noted and implemented only when they enhance the accuracy and relevance of specific indicators.

Special attention is given to amplifying the voices of underrepresented groups and reducing barriers to participation. This includes targeted outreach to priority populations to ensure the CHIP reflects the diverse needs and experiences of the entire community. Although data stratification by demographics such as race/ethnicity, income, and age is limited in some cases, the Collaborative has made significant efforts to prioritize inclusivity and equity in its data collection and engagement processes.

The CHIP is intentionally structured as a living document. It evolves through a feedback loop informed by data collection, analysis, and community engagement. Regular committee meetings serve as checkpoints to review progress and make informed adjustments to strategies and goals. This iterative process ensures that the CHIP remains responsive to emerging challenges and opportunities.

By decentralizing initiatives and empowering local organizations and community groups to take the lead, the CHIP leverages diverse expertise and builds capacity across



sectors. Progress reports, shared regularly with the community, highlight the ways in which community feedback has been incorporated and how strategies are adapting to meet ongoing needs. This iterative, data-driven approach reinforces the commitment to transparency, inclusivity, and actionable progress.

# Focus Area 1: Access to Healthcare

<u>Yamhill County Community Health Assessment; p. 33</u> <u>Yamhill County Community Health Improvement Plan 2023; p.12</u>

# **Progress Update**

Significant progress has been made in improving healthcare access through strategic initiatives. Telehealth services have been expanded, supported by mobile clinics and school-based health centers operated by Virginia Garcia. Outreach fairs have increased community awareness of these resources, while efforts to address technology barriers include exploring broadband solutions. Mobile health services have been strengthened through colocation models and partnerships with Medical Teams International and Delta Dental vans, providing emergency oral care and community screenings. Collaborations with the Oral Health Coalition have further bolstered oral health resources.

Efforts to enhance language access have included technical assistance for clinics, a pilot program testing providers' medical language proficiency, and the distribution of a Language Access Toolkit and I-Speak cards to support member communication. Workforce development remains a priority, with strengthened partnerships with local colleges and mentorship programs like the George Fox social work bicultural mentorship initiative. Continuing medical education and professional development opportunities, including resume-building and certification, are also being provided to



healthcare workers. Additionally, a comprehensive audit of specialty and complementary care providers is underway to identify service gaps and opportunities for improvement. These initiatives collectively aim to ensure equitable and effective healthcare access across the community.

Key Indicator	Baseline	2023	2024
Ratio of population	1650:1*	1680:1	1720:1
to primary care			
providers			
YCCO member	1187.2*	1078.2	966.6
emergency			
department			
utilization, per			
1,000 people			
YCCO member,	53%	52.7%	50.2%
primary care			
utilization			
YCCO member,	36.9%	35.2%	36.2%
dental utilization			
YCCO member,	52.3*	77.9	68.3
physical health			
telehealth visits,			
per 1,000 members			
YCCO member,	0.2*	2.2	2.1
dental telehealth			
visits, per 1,000			
members			
YCCO member,	284.1*	174.5	120.1
behavioral			
telehealth visits,			
per 1,000 members			

Source(s): County Health Rankings (2020- 2021); YCCO (2022-2024)

Data points marked with an \* reflect updates to the methodology used for data collection. These changes were implemented to enhance accuracy and ensure alignment with current best practices.



# Partners and Programs

# **Unidos Bridging Community: Outreach and Education**

<u>Program Summary</u>: Provide outreach and education YCCO benefits, preventative care, and available services for Latinx, immigrant, Spanish speaking communities, Healthier Oregon and OHP Covers Me! Populations.

#### Program Data:

- Number of contacts made: 2,010
- Number of outreach/education events held: 413
- Number of referrals or connections to services made: 362
- Number of THWs employed: 1

# Yamhill County Doulas: Childbirth Education in Rural Areas

<u>Program Summary</u>: Provide operational support for the benefits of doulas and pregnancy programs to deliver community education covering prenatal, pregnancy, and post-partum health.

#### **Program Data:**

- Number of group classes delivered: 60
- Number of participants in classes: 21

# Focus Area 2: Emergency Preparedness

<u>Yamhill County Community Health Assessment; p. 68</u> Yamhill County Community Health Improvement Plan 2023; p.15

# **Progress Update**

Efforts to strengthen emergency preparedness have focused on enhancing community resilience, effective communication, and inclusivity. The revamping of the Medical Reserve Corps (MRC) is underway, with recruitment efforts expanding through social



media and local partners, and initial meetings planned for the new year. Collaborations with Public Health, Emergency Management, and YCCO are improving messaging templates by ensuring they are easy to read, reviewed by a comprehension expert, and translated into Spanish, with plans to expand to additional languages. Partnerships with Unidos Bridging Community and Creating Opportunities have facilitated resource sharing, including translated materials in Russian and Ukrainian and support for local events.

To address diverse needs, efforts include translating evacuation notices and other emergency warnings while increasing enrollment in Everbridge through broad outreach. YCCO staff have advanced technical preparedness by selecting Uninterruptible Power Supply (UPS) devices based on OHA recommendations and training the HRSN team to provide operational support. Disaster preparedness materials, including activity books and storybooks in English and Spanish, have also been secured to engage and educate children about safety during emergencies. These initiatives demonstrate a commitment to building community resilience and ensuring accessible resources for all populations.

Key Indicator	Baseline	2023	2024
Number of active MRC	178	Data not available	170
volunteers			
Number of active	46	Data not available	30
CERT volunteers			
County-wide	20,729	Data not available	21,716
Everbridge registrants			
Number of Emergency	54	20	21
department visits for			
heat-related illness,			
any Oregon hospital			
Number of	58	Requested: 50	Requested: 1
environmental health		Approved: 48	Approved: 1
materials/tools/supplies		(FLEX)	(FLEX)
requested and			Requested: 45
provided to community			Approved: 11
			(HRSN)

Source(s):YCPH (2023- 2024); YCEM (2022-2023); YCCO (2023-2024)



# Focus Area 3: Food and Nutrition

Yamhill County Community Health Assessment; p.36
Yamhill County Community Health Improvement Plan 2023; p.18

# **Progress Update**

Efforts to improve food access and nutrition in Yamhill County have progressed through strategic collaborations and innovative programs. YCAP and the Nutrition Oregon Campaign Yamhill Hub are conducting a Food Pantry Needs Assessment to identify and address service gaps effectively. A grant has been secured to pilot a Veggie Rx pilot program, providing medically tailored, culturally responsive food boxes to households with pregnant people.

Additionally, partnerships with OSU Extension and NOC Yamhill have introduced bilingual cooking classes at food pantry sites, with plans for expansion, enhancing nutrition education for under-resourced communities. Foundational work for these initiatives, including workflows, recruitment, referrals, and data-sharing processes, is complete, with key programs already underway.

Key Indicator	Baseline	2023	2024
Percent of	10%	10%	9%
population that is			
food insecure			
Percent of	3%	3%	3%
population with			
limited access to			
healthy foods			
Number of	12,876	17,939	19,706
individuals served			
through mobile			
food pantries			

Source(s): County Health Rankings (2019 - 2024); YCAP (2020 - 2024)



# Partners and Programs

#### Henderson House: Wellness and Nutrition Classes for Survivors of DA

<u>Program Summary</u>: Engage residents in educational support activities, including nutrition and wellness classes, and offer education to the community around domestic violence prevention and supports.

#### Program Data:

- Number of wellness sessions held: 9
- Number of community members reached: 165
- Number of participants: 165
- Change in knowledge or confidence in wellness from baseline: +4.8
- Change in knowledge and awareness of DV related topics among community members from baseline: +4.77
- Change in community member knowledge of DV prevention supports from baseline: +4.76

#### **Grand Sheramina Food Pantry: Nutrition Education**

<u>Program Summary</u>: Provide educational resources and opportunities for recipients of food pantry services.

#### **Program Data:**

Number of educational resources provided: 4,147

#### Marion Polk Food Share: Nutrition Education

<u>Program Summary</u>: Share culturally relevant foods, nutrition education, and mobile pantry outreach for recipients of food pantry services through Iskam MəkhMək-Haws.

#### **Program Data:**

- Number of people engaged with the food pantry: 1464
- Number of participants engaged in any education offerings: 112



Change in knowledge of confidence with foods form class or session survey:
 97% of respondents reported an increase in knowledge

# **Dayton Community Food Pantry Facility Expansion**

<u>Program Summary</u>: Build a fully equipped food pantry and clothing closet to expand existing program capacity to align with community need.

#### Program Data:

• Excavation status: Complete

#### Food distribution services

Number of individuals served: 2,192

• Number of households served: 717

# **Clothing closet**

Number of individuals served: 961

• Number of households served: 237

Number of pieces of clothing distributed: 800

# Focus Area 4: Housing

<u>Yamhill County Community Health Assessment; p. 22</u> Yamhill County Community Health Improvement Plan 2023; p.21

# **Progress Update**

Efforts to address housing instability focus on improving resource coordination and service delivery. A comprehensive housing resource list has been developed and is regularly updated to reflect emerging projects, while housing resource mapping and assessments help identify gaps and prioritize areas of need. Although initial discussions with housing partners have begun, consistent engagement remains a challenge, with the Affordable Housing Task Force serving as the primary venue for collaboration.



To streamline information sharing, Health Related Social Needs (HRSN) data is being distributed, and a Community Resource Guide is being developed to centralize housing-related services. A standardized screening process is also underway, supported by data collection from YCCO provider screenings and ongoing collaboration with Unite Us to integrate screening and referral systems. In addressing immediate needs, YCCO has focused funding strategies on critical shelter initiatives to support high-need populations.

Key Indicator	Baseline	2023	2024
Annual point- in-	520*	280	381
time homeless			
count			
Transitional	Data not available	Data not available	66 units
housing units			89 rooms
available in the			146 beds
county			
Number of voucher-	50% (July 2023)	58% (Dec 2023)	62% (Nov 2024)
eligible individuals			
who were			
successfully			
housed			
Number of units of	Data not available	Data not available	430
low-income			
housing			

Source(s): YCAP (2020 -2024); YCHHS (2023-2024); HAYC (2023 -2024)

Data points marked with an \* reflect updates in the methodology used for data collection. These changes were implemented to enhance accuracy and ensure alignment with current best practices.

# Partners and Programs

# Housing Authority of Yamhill County: Stratus Village Project

<u>Program Summary</u>: Provide 175 units of permanent affordable housing for individuals in a convenient location in McMinnville, OR. Host human services, health, education, and well-being supports for residents.



# Program Data:

Data dependent on 2025 report

## **Encompass Yamhill: Peer Support for Homeless Population**

<u>Program Summary</u>: Provide operational support to integrate homeless outreach and engagement services, engage with Unite Us platform, and employ peer support specialist to serve the community.

## **Program Data**:

- Number of additional peer support specialists employed during the grant period:
   1 full-time PSS (1.0 FTE), 1 full-time CRM (1.0)
- Number of engaged houseless individuals engaged with peer services: 125/week
- Number of assessments or screening results for members served: 37 intake assessments with case managers
- Number of service connections made: 100% of individuals who participated with client intake process were connected with 1 or more service providers

#### Yamhill Community Action Partnership: Turnkey Project

<u>Program Summary</u>: Provide operational support for a non-congregate shelter facility, including trauma-informed practices to support residents.

# **Program Data**:

- Number of people housed: 92
- Number of security reports or incidents: 8
- Number of support activities completed to increase safety or connection to services: 27 housing vouchers; 1,250+ case management appointments
- Number of staff hired: 10



# Confederated Tribes of Grand Ronde Health and Wellness Center: Tribal Transitional Housing Program

<u>Program Summary</u>: Complete and furnish temporary and permanent supportive housing under the Community Transition Program.

# **Program Data:**

- Number of transitional sites open: 1
- Number of people with access to safe, secure housing: 3
- % housing capacity reached: 25%

# Newberg Area Habitat for Humanity: Affordable Home Build

<u>Program Summary</u>: Build three homes in Newberg and support financial and homeowner education through a culturally and linguistically responsive process.

# **Program Data**:

- Progress: 75% site work complete, 90% framing complete
- Number of individuals impacted by program: 30

# **Operation Generation: 23- Unit Affordable Housing Complex**

Program Summary: Initial planning for affordable housing complex build.

# **Program Data**:

• Progress: 70% complete on architectural designs and preparation to start design permits with the city of McMinnville.



# Focus Area 5: Infants and Youth

<u>Yamhill County Community Health Assessment; p. 31</u> <u>Yamhill County Community Health Improvement Plan 2023; p. 24</u>

# **Progress Update**

Efforts to support infants and youth focus on expanding access to early education, building family resiliency, and reducing preventable injuries among children. Early Learning Hub preschool slots and Ready for Kindergarten camps have been promoted through consistent community engagement and strategic funding priorities. Partnerships with Head Start have been formalized, and referral pathways are being developed to improve service connections. A Latinx Outreach Coordinator has been hired to enhance preschool engagement and collaborative initiatives, with a primary focus on the Primeros Pasos program. Other initiatives include strategic communication and outreach to highlight behavioral health providers accepting children under six.

To build family resiliency, supporting voluntary home visiting programs and trauma-informed trainings have been a primary focus over the last year. Preschool Promise promotion has expanded awareness to Early Childhood education opportunities for local families through the Early Learning Hub. Efforts to reduce preventable injuries include safe sleep promotion, helmet use awareness, and seasonal safety campaigns. Staff are pursuing additional certifications in safe sleep practices and collaborating on a transportation safety initiative with the CCO. These combined efforts continue to support the well-being of children and families through education, resources, and community partnerships.



Key Indicator	Baseline	2023	2024
Child maltreatment	12.4	12.6	TBD
rate per 1,000			
Percent of students	64%	66%	TBD
that attend > 90%			
of enrolled days, all			
districts in Yamhill			
County			
Children in	3.2	2.8	2.7
resource/foster			
care per 1,000			
Certified	64	71	68
resource/foster			
homes			
Referrals to Family	431	416	345
Core home visiting			

Sources: Oregon DHS (2022 - 2023); ODE (2020 - 2022); YCCO, YCHHS (2022 - 2023)

# Partners and Programs

# **Confederated Tribes of Grand Ronde: Child Development Center**

<u>Program Summary</u>: Build a 25,000 sq ft. facility with 12 classrooms, 10 offices, 2 outdoor play areas, a mother's lounge, library, motor-skills room, laundry, kitchen, therapy office, and parking lot.

## **Program Data**:

- Progress update: On track according to timeline
- Number of families engaged with services: 160
- Number of families served 160

# **Oasis Oregon: Childcare Center Training Project**

<u>Program Summary</u>: Increase the number of childcare providers trained and the number of referrals to professional services for evaluation of children for higher and more



complex care needs.

#### **Program Data**:

• Number of providers trained: 23

• Number of referrals: 7

Number of evaluations: 66

## McMinnville School District Kindergarten Readiness Activities

<u>Program Summary</u>: The program aims to engage families in kindergarten readiness activities, fostering connections between children, families, and their schools.

#### Program Data:

- Number of schools engaged: 6
- Number of student participants: 125
- Number of families: 48
- Percent of families reporting positive experience 68.8%
- Percent of families reporting effectiveness of program: 52.1%

# McMinnville School District: Social Emotional Learning

<u>Program Summary</u>: Develop a strong Interconnected Systems Framework and Multi-Tiered System of Support to support the social emotional wellness of students in McMinnville School District.

#### Program Data:

- Attendance increase from baseline: +8%
- Reduction in restraints and seclusion incidents from baseline: -30 restraints, -3 seclusions
- OSAS and ELA rate of students passing from baseline, 3<sup>rd</sup> grade: +7%
- OSAS and ELA rate of students passing from baseline, 8<sup>th</sup> grade: +2%



# **Lutheran Community Services Northwest: Respite Housing for Youth Experiencing Homelessness**

<u>Program Summary</u>: The program aims to provide stable housing and support for youth experiencing homelessness (YEH) by expanding host home availability and community engagement. It seeks to establish new host homes, train volunteers, and grow the network of partner churches and volunteers.

#### **Program Data:**

- Number of unduplicated YEH housed per month: 2
- Number of new homes established: 1
- Number of volunteer training sessions held: 2
- Number of active partner churches added from baseline: 6
- Number of active volunteers added from baseline: 32
- Number of additional children served from baseline: 21

#### Juliette's House: Child Abuse Prevention Education

<u>Program Summary</u>: Promote awareness and education around child abuse prevention and supports in the community as well as deliver family supports and implement child abuse prevention programs, including developing trauma-responsive internal processes.

#### **Program Data**:

- Number of child abuse and prevention education sessions held: 4
- Number of participants engaged in prevention education: 32
- Number of foster parent skill building sessions held: 4
- Number of participants engaged in foster parent skill building education: 5
- Number of participants served through general programming: 4578

## Juliette's House: Family Justice Center Feasibility Study

<u>Program Summary</u>: Conduct a feasibility study for local implementation of wraparound supportive domestic violence shelter.



# Program Data:

Preliminary findings: Juliette's House is well-positioned to lead this initiative.
 Strong community engagement and support suggest a positive sustainability trajectory, further reinforced by insights from Washington County's successful FJC model, which has expanded funding and services.

# **United Way C-Suite: Financial Literacy Classes**

<u>Program Summary:</u> The program aims to deliver age-appropriate, culturally tailored financial literacy and self-sufficiency training to youth and educators, focusing on marginalized and non-dominant cultural or language groups.

## Program Data:

- Number of participants: 27 adults; 10 children
- Number of sessions held: 4
- Number of advocacy events: 6
- Technical assistance occurrences: 6
- Percent of participants reporting increased knowledge and skills: 100%

## **Newberg School District: PAX and Good Behavior Game (SEL)**

<u>Program Summary</u>: Implementation of RULER and Thought Exchange programs to accelerate the educational growth of students and provide essential components of and equitable learning environment.

#### Program Data:

- Rate of attendance from baseline, elementary: +12.09%
- Rate of attendance from baseline, middle school: +6.43%
- Rate of attendance from baseline, high school: +8.81%
- Proportion of students achieving far below, language arts: -27%
- Proportion of students achieving at or above grade level, math: +20%

# **Young Leaders: Youth Development**

Program Summary: Deliver week-long developmental programs for at-risk youth that



focus on career skills and leadership training.

## Program Data:

- Increased knowledge in civic awareness
- Increased knowledge of governance
- Increased knowledge in personal and professional leadership

## Focus Area 6: Mental Health and Substance Use

<u>Yamhill County Community Health Assessment; p. 40</u> <u>Yamhill County Community Health Improvement Plan 2023; p. 27</u>

# **Progress Update**

Behavioral health initiatives have achieved significant progress in expanding crisis services, reducing stigma, and improving access to resources. A trauma-informed and linguistically responsive 911 dispatch triage process was developed, alongside finalized policies for mobile crisis intervention and follow-up care. Narcan distribution has exceeded 800 doses, paired with community training, while suicide prevention efforts distributed 341 firearm and medication lockboxes and established five mental health safe zones. Prevention campaigns addressing alcohol, drug, and tobacco use have expanded through social media, public advertisements, and youth-focused school programs.

Efforts to enhance services for high utilizers of emergency departments include workforce capacity assessments, partnerships with referral systems, and training programs for Traditional Health Workers (THWs) in motivational interviewing and mindfulness. Progress continues for overdose intervention protocols within mobile crisis units, with an overdose fatality review board established and postvention strategies underway. Additional strides include translating public-facing documents, incorporating culturally responsive approaches, and increasing community access to mental health and substance use resources.



Key Indicator	Baseline	2023	2024
Traditional Health	101	146	131
Workers (THWs)			
focused on mental			
health			
Ratio of population	210:1	200:1	190:1
to mental health			
providers			
Suicide death rate	17.75	18	18
per 100,000			
Opioid overdose	7.9 (2018- 2020)	22.5 (2022)	33.5 (2023)
death rate per			
100,000			
Opioid emergency	101	140	128
department visits			
Naloxone (Narcan)	575	863	255
distributed per			
year, 4mg and 8mg			
doses			
YCCO member	15.1	36.9	38.9
emergency			
department use for			
behavioral health			
visits per 1,000			
members	F0	TDD	TDD
Citations issued for	59	TBD	TBD
motorists driving			
under the influence			
of intoxicants			

Source(s): YCCO (2022-2024); County Health Rankings (2022 - 2024); OPHAT (2020-2024); CDC WONDER (2018- 2024); ESSENCE (2021-2024); YCPH (2023-2024); OSP (2022- 2024)



# Partners and Programs

# **Confederated Tribes of Grand Ronde: Salmon Pit Project**

<u>Program Summary</u>: Support culturally-specific behavioral health supports and programming for Tribal members to strengthen the integration of culture into behavioral health services and promote greater connectedness with the community and the self.

Program Data: Data dependent on 2025 report.

# **Responder Life: Peer Support Program**

<u>Program Summary</u>: Provide long-term support to first responders, addressing their psychological, emotional, spiritual, and physical health through trained peer teams and access to mental health professionals.

## Program Data:

Online Peer Support Team Quarterly Trainings:

- Grief and Spirituality
- Confidentiality in Peer Support
- Suicide Awareness and Prevention
- Moral Injury

Responder Life Peer Leadership Trainings:

• Two-day, 16-hour trainings for new team members

# Older Adult Peer Outreach for Loneliness, Depression, and Substance Use (O-PODS)

<u>Program Summary:</u> The O-PODS program in Yamhill County supports older adults (55+) by reducing loneliness, depression, and substance use through up to 8 in-person visits with trained peer support specialists.



# **Program Data:**

- Two part-time peer support specialists (19 hours/week) hired
- Screening tools implemented: PHQ-9, AUDIT, and UCLA loneliness assessment

# Focus Area 7: Transportation

<u>Yamhill County Community Health Assessment; p. 34</u> Yamhill County Community Health Improvement Plan; p. 31

# **Progress Update**

Significant progress has been made to enhance regional transportation systems through a partnership with Yamhill County Transit and its advisory group. This collaboration includes permanent representation on the Transit Advisory Council, which meets quarterly to address community transportation needs. One key achievement has been the successful update of the Coordinated Transportation Plan, ensuring it aligns with current regional priorities and supports accessibility.

While plans to monitor the impact of a fare-free transit system were hindered by the Board of Commissioners' decision not to implement it, the organization continues to track ridership trends to assess the implications. Efforts to support inclusive and equitable transportation policies remain central to future strategies, with a focus on addressing barriers and fostering accessible transit options for all members of the community.

Key Indicator	Baseline	2023	2024
Well Ride	148	104	TBD
grievances filed			
Dial-a-ride ridership	25,466	25,151	34,875
data			
Ridership on	172,002	187,373	194,787
Yamhill County			
Transit overall			



Key Indicator	Baseline	2023	2024
Number of drivers	TBD	Data not available	Data not available
contracted by			
Yamhill County			
Transit			

Source(s): YCCO (2022); YCTA (2021-2024)

# Partners and Programs

# **Lutheran Community Services Northwest: Bus Purchase for A Family Place Program Expansion**

<u>Program Summary:</u> Provide free personal and parenting support, community resource connections, therapeutic preschool, parenting workshops, diapers and children's clothing for expecting parents and families with children ages 0-5.

## Program Data:

- Participants in program: 83
- Participants utilizing transportation services: 52
- Attendance rates: 75%

Protective factors increase from baseline:

- Parental Nurturing: +2%
- Social Support: +4%
- Family Functioning: +23%
- Caregiver/Practitioner Relationship: +24%

# Henderson House: Van Purchase for Program Expansion for Survivors of Domestic Abuse

<u>Program Summary</u>: Provide expanded program access, particularly for rural communities.

# Program Data:

Number of clients served:

January 2024: 90 clients served



April 2024: 120 clients served Number of services provided:

February 2024: 58 services (12%) provided to non-McMinnville residents April 2024: 159 services (23%) provided to non-McMinnville residents