













YCCO 2024 Benefit List









Benefits charts icon key		
 <p>Services that need preapproval Some services need approval before you get the service. Your provider must ask the CCO for approval. This is known as a preapproval.</p>	 <p>Services that need a referral A referral is a written order from your provider noting the need for a service. You must ask a provider for a referral.</p>	 <p>No referral or preapproval needed You do not need a referral or preapproval for some services. This is called direct access.</p>






The tables below are not a full list of services that need preapproval or referral. If you have questions, please call YCCO Customer Service at 855-722-8205.








Physical health benefits




Service	How to access	Who can get it
<p>Care Coordination services No limit. See handbook for more information. Care Coordination is help given to make your overall health better. YCCO staff will support you with care needs and can assist in finding physical, developmental, dental, behavioral, and social needs where and when you need it. Some of this help can be in setting up a medical appointment, picking a primary care provider, or help in understanding your benefits.</p>		<p>All members</p>
<p>Comfort Care & Hospice Services Limit and/or preapproval based on OHP guidelines & type of care. Call Customer Service or talk to your provider. Services to comfort a person who is dying and to help their family. Hospice is flexible and can be pain treatment, counseling, and respite care.</p>		<p>All members</p>
<p>Diagnostic Services Blood Draw, X-Rays, CT Scans need an order from your provider and have no limit. A CT scan is a series of x-rays that are put together to make an image of the area scanned. MRI's have no limit but need preapproval. An MRI is a scan using a strong magnetic field and radio waves to make detailed images of the inside of the body.</p>	 	<p>All members</p>

Service	How to access	Who can get it
<p>Durable Medical Equipment Limit and/or approval based on OHP guidelines & type of service, equipment, or supply. Preapproval and an order from your provider are needed. Durable medical equipment is a kind of equipment that lasts a long time. They don't get used up like medical supplies. It includes equipment like wheelchairs, walkers, hospital beds, prosthetics and orthotics. Medical supplies are items like diabetic supplies or incontinence supplies.</p>		<p>All members</p>
<p>Well-Child Care, Early & Periodic Screening, Diagnosis and Treatment (EPSDT) services Well-child visits for babies, children, and teens as recommended. Routine physicals as recommended. Vaccines as recommended by provider and OHP covered vaccines only.* Help with breast feeding, including breast pumps, have no limit. Nutrition services have no limit. Social Supports have no limit. Routine eye exams, limited to 1 exam every 12 months. * Eyeglasses (lenses & frames) limited to new glasses every 12 months and approval based on OHP guidelines. Must have a valid prescription from a vision provider. * Hearing aids and exams limit and/or approval based on OHP guidelines and type of care/aid. Preapproval is needed. * See handbook for more information.</p>		<p>Members ages 0-20 years old</p> <p>Members ages 0-20 years old</p>
<p>Elective Surgeries/Procedures Surgery must be scheduled and limit and/or approval based on OHP guidelines and type of care. Preapproval is needed. Elective surgeries/procedures are scheduled in advance and does not involve a medical emergency like removal of a gall bladder or kidney stones.</p>		<p>All members</p>
<p>Emergency Medical Transportation No limit or preapproval needed but must be used for emergency services only. An example of emergency medical transportation is an ambulance. You use this type of transportation when you need to get to the hospital quickly.</p>		<p>All members</p>
<p>Emergency Services No limit on number of visits. An emergency needs immediate attention and puts your life in danger. It can be a sudden injury or a sudden illness. Some examples are broken bones, difficulty breathing, or a possible heart attack.</p>		<p>All members</p>


Service	How to access	Who can get it
<p>Family Planning Services No limit on number of visits. You can get these services from out of network providers. Family planning is when you have an exam for the health of your reproductive organs and to help make choices on having or preventing pregnancy. Some examples are birth control and annual exams.</p>		All members
<p>Gender Affirming Care Has limits and/or approval based on OHP guidelines and type of care and need preapproval. Gender affirming care is medical care used in gender transition examples are hormone therapy and sex reassignment surgery.</p>		All members
<p>Hearing Services Limit and/or approval based on OHP guidelines & type of care/aid and needs preapproval. Hearing services are exams to check how well you hear and aids to help with hearing. Some examples are hearing test, audiology, and hearing aids.</p>		All members
<p>Home Health Services Limit and/or approval based on OHP guidelines & type of care and preapproval is needed. Home health services are health care services that can be given in your home for an illness or injury, examples are nursing care, physical therapy, or speech therapy.</p>		All members
<p>Immunizations and Travel Vaccines Provider recommended and OHP covered vaccines only, examples may include vaccines your provider wants you to have due to your health condition, occupation, or travel.</p>		All members
<p>Inpatient Hospital Services Limit and/or approval based on OHP guidelines & type of care and preapproval is needed. This is care you get in a hospital where you spend at least one night.</p>		All members
<p>Interpreter Services No limits on services. Language interpretation (in person, phone, or video) and sign language interpretation (in person or video) services.</p>		All members
<p>Laboratory Services, X-Rays, and other procedures Blood Draw, X-Rays, CT Scans need an order from your provider and have no limit. A CT scan is a series of x-rays that are put together to make an image of the area scanned. MRI's have no limit but need preapproval. An MRI is a scan using a strong magnetic field and radio waves to make detailed images of the inside of the body.</p>		All members










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<p>Maternity Services No limits for prenatal visits, postpartum care (care for the mother after the baby is born) or help with breast feeding (including breast pumps). Labor and delivery limit is based on type of care and delivery, talk to your provider. Routine vision services limit is one exam every 24 months.</p>		Pregnant members
<p>Rides to care. Also called Non-Emergent Medical Transportation (NEMT) Services No limit on number of rides but rides must be used for OHP approved non-emergency medical visits. See handbook for more information.</p>		All members
<p>Outpatient Hospital Services Limit and/or approval based on OHP guidelines and type of care. Outpatient hospital services are services that take place in the hospital, but you do not have to stay overnight. Some examples are Chemo, Radiation, and Pain Management.</p>		All members
<p>Pharmaceutical Services (Prescription Medication) Many drugs are available with a prescription. A full list of prescription drugs can be found on the “formulary.” To search the formulary or print a copy go to https://yamhillcco.org/members/pharmacy-drug-list/. Mental health prescription drugs are not covered by your medical or mental health plan. They are covered by OHP, your pharmacist will know where to send the bill.</p>	Prescription needed	All members
<p>Physical Therapy, Occupational Therapy, Speech Therapy Physical therapy (PT) and occupational therapy (OT) approval based on OHP guidelines and type of care. Limit is combined (PT, OT, chiropractic & acupuncture) 30 visits per 12-month calendar year. * Speech therapy limit and/or approval based on OHP guidelines and type of care. Physical therapy is therapy used to treat a deformity, disease, or injury by physical methods. Examples are massage, heat treatment, and exercise. Occupational therapy is therapy used to help recovery from physical or mental illness to improve the ability to perform daily tasks, like showering and getting to and from bed.</p>		All members

Service	How to access	Who can get it
<p>Speech therapy is training to help people with speech and language problems to speak more clearly, these can be mouth or speaking exercises.</p>		
<p>Preventive services Vaccinations, well-child visits for babies, children, and teens as recommended. Routine physicals, well-women visits (mammogram, gynecological exam, etc.), screening (cancer, etc.) and nutritional counseling as recommended. Mammograms as recommended; 3D mammograms are not covered. Family planning, prostate exams, tobacco cessation services have no limit.</p>		<p>All members</p>
<p>Primary Care Provider Visits No limit but you must see your PCP. Some examples of a reason to see your PCP is an illness such as a cold or the flu, allergies, or your weight. See handbook for more information.</p>		<p>All members</p>
<p>Sexual Abuse Exams No limits. A physical exam to collect evidence from a person's body and clothes to determine if there has been a sexual assault or abuse.</p>		<p>All members</p>
<p>Specialist Services No limits but services must be covered by OHP and you must see a YCCO in-network provider. YCCO does not require a referral, but the specialist provider may require info from your PCP or other provider. Specialist services are services you get from a medical provider that specializes in a specific area of medicine, examples are heart, allergy, or liver medical care.</p>		<p>All members. For those with special health care needs or LTSS, no referral is required.</p>
<p>Surgical Procedures Limit and/or approval based on OHP guidelines and type of care. Preapproval is needed. To change the organs or tissues in your body through cutting. Also called an operation. Examples are taking out tonsils or gall bladder.</p>		<p>All members</p>
<p>Telehealth Services No limit but services must be covered by OHP. Some services are not available via telehealth, ask your provider if yours can be done this way. Some examples are: Telemedical services, Virtual visits, and Email visits. See handbook for more information.</p>		<p>All members</p>
<p>Traditional Health Worker (THW) services No limits. Traditional Health Worker or Tribal Traditional Health Worker services are services from a Community Health Worker, Birth Doula, Peer Support or Peer</p>		<p>All members</p>

Service	How to access	Who can get it
Wellness Specialist, or Personal Health Navigator. See handbook for more information.		
<p>Urgent Care Services No limits. Urgent problems need to be treated right away, but are not serious enough for immediate treatment in the emergency room. Some examples of urgent care services are minor broken bones and fractures in fingers and toes, sprains and strains, cuts that don't have much blood but may need stitches. See handbook for more information.</p>		All members
<p>Women's Health Services (in addition to PCP) for routine and preventive care No limits. Visits to your provider for your annual preventative exam that may include a pelvic exam or pap smear, a breast exam and exam for your wellness.</p>		All members
<p>Vision Services Non-pregnant adults (21+) are covered for:</p> <ul style="list-style-type: none"> • Routine eye exams every 24 months • Medical eye exams when needed <ul style="list-style-type: none"> ○ Corrective lenses / accessories only for certain medical eye conditions <p>Members under 21, pregnant adults, adults up to 12 months post-partum are covered for:</p> <ul style="list-style-type: none"> • Routine eye exams when every 24 months* • Medical eye exams when needed • Corrective lenses / accessories when needed <p>Examples of medical eye conditions are aphakia, keratoconus, or after cataract surgery. Corrective lenses must have a valid prescription from a vision provider. Eyeglasses must be bought through SWEEPS. Approvals for medical eye exams are based on OHP guidelines.</p>		Members ages 0-20 years old, and pregnant members As recommended for all others






Behavioral health care benefits







Service	How to access	Who can get it
<p>Assertive Community Treatment (ACT) No limits. You must have a medical need to receive this service. ACT is designed to reduce mental health hospital stays and use of acute care, raise housing stability and improve quality of life for those with severe mental health issues and whose needs have not been met by more common mental health services.</p>	<p>Screening needed</p> 	All members






Service	How to access	Who can get it
<p>Wraparound Services No limits. You must have a medical need to receive this service. Wraparound is a team-based planning and problem-solving process to help youth and their families struggling with emotional, mental, and behavioral problems.</p>	<p>Screening needed</p> 	<p>Children and youth that meet medical criteria</p>
<p>Behavioral Health Assessment and Evaluation Services No limits services must be done by a YCCO in network provider. A behavioral health assessment is a series of questions, interviews, and mental and physical exams used to understand what the person needs.</p>		<p>All members</p>
<p>Behavioral Health Psychiatric Residential Treatment Services (PRTS) No limits. Behavioral health treatment in a 24-hour level of care facility that gives behavioral health services that cannot be given as outpatient.</p>		<p>Youth under 21 years of age</p>
<p>Inpatient Substance Use Disorder Residential and Detox services No limits. 24-hour level of care facility for detox and treatment for substance use.</p>		<p>All members</p>
<p>Medication Assisted Treatment (MAT) for Substance Use Disorder (SUD) No limits, medical need requirements may need to be met to get this service. MAT is the use of medications in combination with counseling and behavioral therapies for the treatment of substance use disorders.</p>	<p>Preapproval needed after first 30 days</p>  	<p>All members</p>
<p>Outpatient and peer delivered behavioral health services from an in-network provider No limits, behavioral health services done in an outpatient setting.</p>		<p>All members</p>
<p>Behavioral Health Specialist Services No limits. Behavioral health specialist services are services you get from a behavioral health provider that specializes in a specific area of behavioral health, examples are group therapy or psychological testing.</p>		<p>All members</p>
<p>Substance Use Disorder (SUD) services No limits. No authorization or referral for services received from YCCO in network provider. Preapproval may be required for out-of-area providers.</p>		<p>All members</p>

Service	How to access	Who can get it
SUD services are services that are used to treat abuse of drugs or alcohol.		

Dental benefits

Service	How to access	Who can get it
<p>Emergency and Urgent Dental care No limits. Emergency or urgent dental care is care for a dental problem that cannot wait for a scheduled visit with your dentist. Examples: extreme pain or infection, bleeding or swelling, injuries to teeth or gums.</p>		All members
<p>Oral Exams Pregnant members: Twice a year Members under 19: Twice a year* Members 19 years of age and older: Once a year*</p> <p>Oral exams are the checkup of the teeth or gums by your primary care dentist to look for cavities or other issues with the teeth.</p>	 Referral needed if not seeing your primary care dentist	All members
<p>Oral Cleanings Members under 19: Twice a year* All other members: Once a year</p> <p>Oral cleaning is the removing of plaque from teeth to prevent cavities.</p>		All members
<p>Fluoride varnish Members through age 18: Twice a year* Members through age 18 with high risk: Four times per year* Members 19 years old and up: Once a year* Members 19 years old and up with high risk: Up to four times per year*</p> <p>Fluoride varnish is a dental treatment that puts a coating on the teeth can help prevent decay, slow it down or stop it from getting worse.</p>		All members
<p>Oral X-rays Limited to once a year</p> <p>Oral x-rays are x-rays that are taken in the mouth of the teeth to check for cavities or other tooth problems.</p>		All members

Service	How to access	Who can get it
<p>Sealants Under Age 16. On Adult Back Teeth Once Every 5 Years. Approval based on OHP guidelines.*</p> <p>Dental sealants are thin plastic coatings put on the back teeth to seal out germs and prevent cavities. Sealants should be applied as soon as children get their permanent back teeth (molars). All molars without dental decay should have dental sealants. Kids need their first molars sealed between age 6 and 9 and second molars sealed between 10 and 14.</p>		<p>Members under age 16</p>
<p>Fillings No limits. No preapproval for your primary care dentist. A filling is used to treat a small hole, or cavity, in a tooth. Fillings must be amalgam or composite.</p>	 Preapproval needed if not your PCD	<p>All members</p>
<p>Partial or complete dentures Partial: Once Every 5 Years Complete: Once Every 10 Years Approval based on OHP guidelines.</p> <p>Partial dentures are a plate with one or more false teeth on it to replace what is missing in the mouth, they will not replace all teeth in the upper or lower mouth area, some are removable, and some have clips to keep them in the mouth.</p> <p>Complete dentures are removable replacement for the upper or lower mouth when all the teeth are missing.</p>	  Referral needed if not seeing your primary care dentist	<p>All members</p>
<p>Crowns Some Upper and Lower Front Teeth. 4 Crowns Every 7 Years. Approval based on OHP guidelines.* Certain requirements must be met to receive a crown. Benefits vary by type of crown, specific teeth requiring care, age, and pregnancy status. Contact your dental health plan.</p> <p>A crown is a tooth-shaped cap that covers a tooth to restore it.</p>	  Referral needed if not seeing your primary care dentist	<p>Pregnant members or members under age 21</p>

Service	How to access	Who can get it
<p>Extractions No limits. Preapproval and referral needed if not seeing your primary care dentist. An extraction is when the dentist completely removes your tooth from its socket.</p> <p>Extractions Continued</p>	<p> Preapproval needed if not seeing primary care dentist</p> <p> Referral needed if not seeing your primary care dentist</p>	<p>All members</p>
<p>Root Canal Therapy Under 21: Not Covered on Third Molars (Wisdom Teeth).* Pregnant members: Covered on First Molars. All other members: Only on Front Teeth and Pre-Molars.</p> <p>A root canal is a dental procedure that involves the removal of infected soft tissue (dental pulp) inside a tooth. Once the tooth is cleaned, canals are filled with a permanent material and may be covered by a crown. Approval is based on OHP guidelines.</p>	<p> Preapproval needed for molars or if not seeing primary care dentist</p> <p> Referral needed if not seeing your primary care dentist</p>	<p>All members</p>
<p>Orthodontics In cases such as cleft lip and palate, or when speech, chewing and other functions are affected. It is required to have approval from your dentist and to not have any cavities or gum disease.*</p> <p>Orthodontics uses braces to treat the irregularities in the teeth and jaw to fix the way they align.</p>	<p></p>	<p>Members under 21</p>

