

Oregon Health Plan Assistance for Marion & Polk Counties 2023

OHP assistance over the phone available

Assistance is available in multiple languages

Find assistance in other counties: <https://healthcare.oregon.gov/Pages/find-help.aspx>

Organization / Contact City/County Dates Languages				Address Phone/Email
Marion and Polk Co. (Serving people from COFA nations and those who identify as Micronesian Pacific Islanders statewide)	Monday to Friday Will check voicemail in evenings. 8:00 am to 4:30 pm Call (and leave a message) or text to schedule appointment	Chuukese, Marshallese, Pohnpeian, Palauan, Yapese, & Kosraean	COFA Alliance National Network (CANN)	Kathleen Jonathan (Bilingual in English & Marshallese) 971-375-5542 kjonathan@cann.us
	Daily 9:00am to 9:00pm By appointment (Zoom, phone, in person as needed)	Chuukese, Marshallese, Pohnpeian, Palauan, English	Micronesian Islander Community (MIC)	971-209-5827 info@micoregon.org
Marion and Polk Co. (Eugene, Corvallis, Portland, La Grande, Salem)	Monday to Friday 9:00am to 5:00pm Call, email	Marshallese/ English	Oregon Marshallese Community Association (OMCA)	Robert Watley 971-720-8709 rwatley@oregonmarshallese.org
Marion and Polk Co. (Also serving Clackamas, Multnomah, Washington Counties)	Monday to Friday 9:00am to 5:00pm By appointment- Call or text	English/Spanish	Northwest Family Services (NWFS)	Laura Arias 971-331-8876 larias@nwfs.org
Marion Co.	Monday to Friday & Saturday 9:00am to 5:00pm <i>by appointment only</i>	English only	HealthMarkets Insurance	Kris Sallee 503-678-5768
	Monday to Friday 8:00 am to 5:00 pm	English/Spanish	Interface Network	Connie Vega 503-910-4908
	Monday to Friday 8:00 am to 5:00 pm Call to make appointment	English/Spanish	Mano a Mano 3850 Portland Rd NE #130, Salem OR 97301	Luz Nieto 971-388-5991 Alan Cruz Ramirez 503-400-0758

Keizer	Monday-Friday By appointment	English / Spanish	Catholic Community Services 198 Appleblossom Ave N. Keizer Oregon 97303	503-551-0619
Salem	Fridays 1:30 pm to 3:00 pm Walk-ins	English/Spanish	De Muniz Resource Center/ Community Action Agency 3950 Aumsville HWY SE Salem, OR 97304	Northwest Human Services 503-480-1643
	Monday to Friday 8:00 am to 5:00 pm By appointment only	English, Spanish, Russian	West Salem Clinic 1233 Edgewater St NW Salem, OR 97301	Northwest Human Services 503-480-1643
	Second and Fourth Saturday of each month 8:30am to 5:00 pm By appointment only	English/Spanish	West Salem Clinic 1233 Edgewater St NW Salem, OR 97304	Northwest Human Services 503-480-1643
	Monday-Friday 8:00 am to 5:00 pm By appointment	English / Spanish	Catholic Community Services 3737 Portland Rd Salem, OR	503-390-2600
	4th Thursday of each month 8:00 am until 12:30 pm By appointment only	English/Spanish	Woodburn Pediatric Clinic 2050 Progress way, Woodburn OR 97071	Woodburn Pediatric Clinic 503.981.5348
Santiam Region (Turner, Aumsville, Stayton, Mehama, Mill City, Lyons, Detroit, Idanha, Sublimity)	Monday-Friday 9:00 am to 4:30 pm By appointment	English/Spanish	Santiam Hospital	Kim Klotz 503-769-2175 Ext: 8414
Monmouth	Tuesdays 8:30 am to 4:00 pm By appointment only	English/Spanish	Total Health clinic* 180 Atwater St N, Monmouth, OR 97361	Northwest Human Services 503-480-1643

Polk/Yamhill (No county restrictions if assisting tribal members)	Monday to Friday 8:00 am to 5:00 pm	English only	Grand Ronde Health and Wellness Clinic 9615 Grand Ronde Rd Grand Ronde, OR 97347	Cassandra (C.J) Rhamy 503-879-1359 Cassandra.rhamy@grandronde.org
Polk Co.	Tuesdays By appointment	English / Spanish	Catholic Community Services 830 Ecols St. S Monmouth, OR 97361	503-510-8302
	Monday to Friday 8:00 am to 5:00 pm Call to make appointment	English / Spanish	Mano a Mano	Jose Garibay 503-917-8024

Contact your Regional Outreach Coordinators for the Willamette Valley Region if you have any questions:

Marion County
 Cristina Hernandez
 Email: cristina.c.hernandez@oha.oregon.gov
 Mobile: 503-302-6581
 Community Partner Outreach Program
<http://www.oregon.gov/oha>

Polk County
 Fabiola Herrera
 Email: mayra.f.herrera-hernandez@oha.oregon.gov
 Mobile: 503-979-6984
 Community Partner Outreach Program
<http://www.oregon.gov/oha>

Oregon Health Plan Assistance in Yamhill County 2023

City/County	Available dates & times	Address	Contact Person
Yamhill County	Monday -Friday 8:00 AM – 4:30 PM	Unidos Bridging Community 117 NE 5th St Suite D McMinnville, OR 97128 By appointment Other languages: Spanish	Alejandro Cortes (971) 312-1723
McMinnville	Mon., Wed., & Fridays 8:00 am – 5:00 pm Tue. & Thurs. 10:00 am-7:00 pm	Virginia Garcia Memorial Health Center 115 NE May Lane McMinnville, OR 97128 By appointment Other Languages: Spanish	Esmeralda Hernandez ehernandezmartinez@vgmhc.org Office: (503) 883-4785 Cell: (503) 716-2507
Newberg	Mon., Wed., and Fridays 8:00 am- 5:00 pm Tue. And Thurs. 10:00 am-7:00 pm	Virginia Garcia Memorial Health Center 2251 E Hancock St., Ste. 103 Newberg, OR 97132 Other languages: Spanish	Erika Quintanilla equintanilla@vgmhc.org Office: (971) 281-3017 Cell: (503) 530-6412
Yamhill Co. (no county restrictions if assisting tribal members)	Monday – Friday 8:00 am-5:00 pm	Grand Ronde Health and Wellness Clinic English Only cassandra.rhamy@grandronde.org	Cassandra (CJ) Rhamy (503) 879-1359

Aging and People with Disability Programs

Polk County (503) 831-5969
Washington (503) 846-3150
County Yamhill (503) 434-7460

Self-Sufficiency Programs

McMinnville 368 NE Norton Lane (503) 472-0311
 McMinnville, OR 97128 TTY 500-735-1232
Beaverton 15425 NW Greenbrier Parkway (503) 646-9952
 Beaverton, OR 97006 TTY (503) 641-2319
Hillsboro 5300 NE Elam Young Pky (503) 693-4555
 Hillsboro, OR 97124 TTY (503) 648-0542
Dallas 190 W. Ellendale Ave. (503) 623-5526
 Dallas, OR 97338
Tigard 10777 SW Cascade Ave (503) 670-0246
 Tigard, OR 97223 TTY (503) 670-0246