Behavioral Health Providers Who Treat

Eating Disorders

Name	Youth	OP	Intensive Outpatient	Telehealth	Virtual Intensive Outpatient	PHP	Residential	City	County	Phone Number	Language	Website	Email
Beyond Eating Recovery	yes	yes	no	yes	no	no	no	Portland	Multnomah	360-726-4141	English	https://www.beyondeatingrecovery.com/	intakes@beyondeatingrecovery.com
Brightways Counseling Group	yes	yes	no	yes	no	no	no	Multiple	Multiple	541-904-5216 503-953-0310	English Spanish	https://www.brightwayscounseling.com/	brightpeople@brightwayscounseling.com
Invictus Therapy and Consultation	yes	yes	no	yes	no	no	no	Eugene	Lane	541-313-6199	English Spanish	invictustherapy.com	brad@invictustherapy.com
Kartini Clinic	Youth-only	yes	yes	yes	yes	yes	Youth-only	Portland	Multnomah	971-319-6800	English	https://kartiniclinic.com	help@kartiniclinic.com
LGBTQ Telepsychiatry dba Neuropsychiatrytx	no	Yes	no	yes	no	no	no	Eugene	Lane	541-632-4850	English	https://ntxcare.com/	hello@ntxcare.com
Monte Nido & Affiliates		(See Monte Nido section below for service array)											
Natalia Hicks DBA Art of Mental Health LLC	no	no	no	yes	no	no	no			541-913-7559	English Ukrainian Russian	https://www.artofmentalhealth.org/	NHicks_artofmentalhealth@outlook.com
Portland DBT Institute Inc.	yes	yes	yes	yes	yes	yes	no	Portland	Multnomah	971-350-3350	English	https://www.pdbti.org/	IOP@pdbti.org
Professional Counseling Group LLC	yes	yes	no	yes	no	no	no	McMinnville	Yamhill	971-375-1523	English	procounselinggroup.com	info@procounselinggroup.com
Providence at St. Vincents	no	yes	yes	no	no	yes	yes	Portland	Multnomah	503-537-5900	English Spanish	https://www.providence.org/services/mental-health_	Contract.Administration@Providence.org
Rimrock Trails Treatment Services	no	no	no	yes	no	no	no	Prineville Bend	Crook Deschutes	541-388-8459	English	https://www.rimrocktrails.org/	
Sede Counseling	no	yes	no	yes	no	no	no	Carlton Newberg	Yamhill	971-237-6894	English Spanish	https://sedecounseling.org/	mariah@sedecounseling.org

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The Healing Haven LLC	yes	yes	no	yes	no	no	no			503-877-8218	English	https://healinghaven.net/	info@healinghaven.net
The Trauma Academy Northwest	no	yes	no	yes	no	no	no	Salem	Marion	503-991-5522	English German	https://www.ttanw.com/	info@traumaacademynw.com
The Villa Health PLLC	yes	yes	no	yes	no	no	no	Portland	Multnomah	360-209-4449	English Spanish	thevillahealth.com	contact@thevillahealth.com
Yamhill County Health & Human Services	yes	yes	yes	no	no	yes	no	McMinnville Newberg	Yamhill	503-434-7523	English Spanish	https://www.yamhillcounty.gov/204/Health-Human-Services	

Monte Nido

Name	Youth	OP	Intensive Outpatient	Telehealth	Virtual Intensive Outpatient	PHP	Residential	City	County	Phone Number	Language	Website	Notes
Portland Residential Treatment - Monte Nido	no	no	no	no	no	no	yes	West Linn	Clackamas	503-766-2645	English Spanish	https://www.montenido.com/locations/oregon-portland-residential-treatment	Adult Residential, all genders Admissions - 888-228-1253 2990 S Brandywine Dr, West Linn, OR, 97068
RainRock - Monte Nido	no	no	no	no	no	no	yes	Springfield	Lane	541-896-9300	English Spanish	https://www.montenido.com/locations/oregon-eugene-residential-treatment	Adult Residential, all genders Admissions - 888-228-1253 41496 McKenzie Hwy, Springfield, OR, 97478
Clementine West Linn - Monte Nido	yes - only	no	no	no	no	no	yes	West Linn	Clackamas	971-249-8448	English Spanish	https://www.montenido.com/locations/clementine-oregon-west-linn	Youth (12-17) Residential, all genders Admissions - 888-228-1253 1148 South Rosemont Rd, West Linn, OR, 97068
Clementine Lake Oswego - Monte Nido	yes - only	no	no	no	no	no	yes	Lake Oswego	Clackamas	971-314-6530	English Spanish	https://www.montenido.com/locations/monte-nido-clementine-lake-oswego	Youth (11-17) Residential, all genders Admissions - 888-228-1253 22035 S Wisteria Rd., West Linn, OR, 97068
Portland Day Treatment - Monte Nido	yes	no	no	no	no	yes	no	Portland	Clackamas	541-263-7551	English Spanish	https://www.montenido.com/locations/oregon-portland-day-treatment	Adolescents and Adults Day Treatment, all genders Admissions - 888-228-1253 5100 SW Macadam Ave. Suite 360 Portland, OR, 97239

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Registered Dieticians

Name	Phone Number	Language	Email	Website	Notes
Beyond Eating Recovery	360-726-4141	English	anne@beyondeatingrecovery.com	https://www.beyondeatingrecovery.com/	Yes
Be Well Holistic Health	503-334-2494	English	hello@bewellandheal.com	https://bewellandheal.com/	1 RD does Eating Disorder
Lifestyle Medical Group / Gobble Shults Associates	503-652-5070	English	andy@lifestylemedicine.com	https://www.livelifestylemedicine.com/	2 RDs - Telehealth, In-person
NW Dietitian	503-756-4191	English	info@nwdietitian.com		Will see patients with ED Telehealth or In-person (Gresham) but "doesn't have the specialty certification"
Rimrock Trails Treatment Services	541-388-8459	English		https://www.rimrocktrails.org/	1 RD, Telehealth
Youcose Health / Valeria Mallett Nutrition / Valeria Health	503-847-9952	English	valeria.rech@youcosehealth.com	https://youcosehealth.com/	All 7 RDs have Eating Disorder specialty