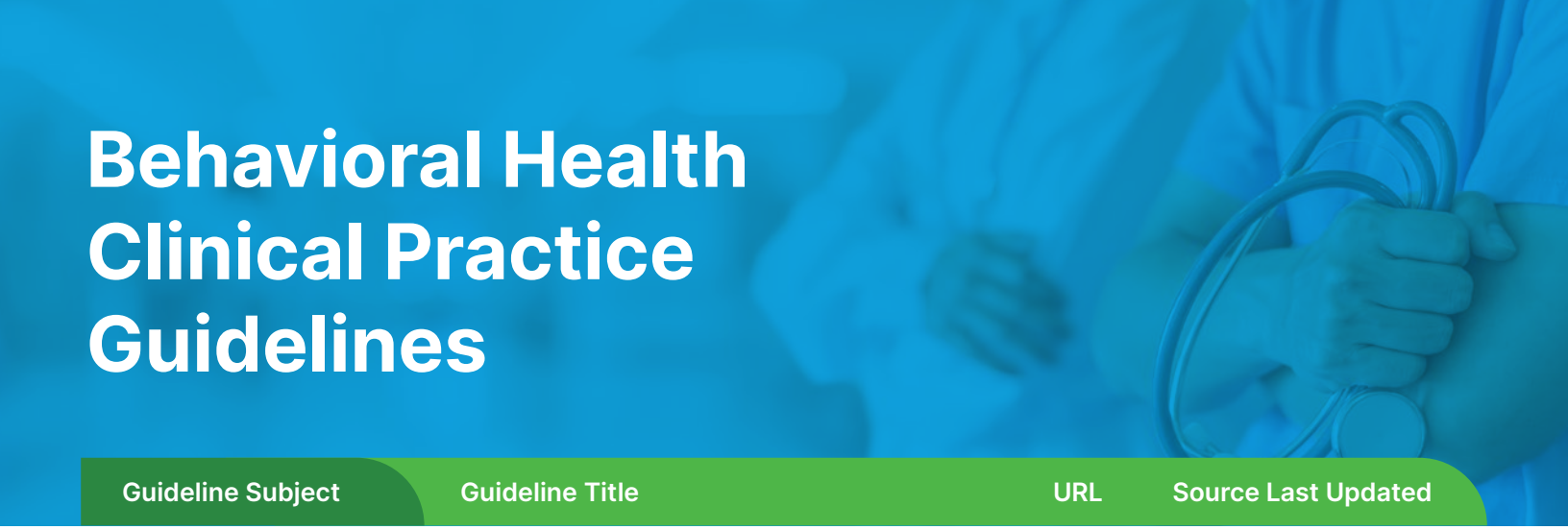
Behavioral Health Clinical Practice Guidelines



Guideline Subject	Guideline Title	URL	Source Last Updated
ADHD	NIH: Clinical practice guidelines for attention-deficit/hyperactivity disorder: recent updates	Link	2023
	CDC: Clinical Care of ADHD	Link	2024
	Society for Developmental and Behavioral Pediatrics Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents with Complex Attention-Deficit/Hyperactivity Disorder	Link	2020
Anxiety	AAFP: Generalized Anxiety Disorder and Panic Disorder in Adults	Link	2022
	AACAP: Clinical Practice Guideline for the Assessment and Treatment of Children and Adolescents With Anxiety Disorders	Link	2020
	National Institue for Health and Care Excellence: NICE: Generalised anxiety disorder and panic disorder in adults: management	Link	2020
Autism	NIH: Clinical Practice Guidelines for Autism Spectrum Disorders	Link	2019
	AAP: Identification, Evaluation, and Management of Children With Autism Spectrum Disorder	Link	2025
	AOTA: Occupational Therapy Practice Guidelines for Autistic People Across the Lifespan	Link	2024

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Guideline Subject	Guideline Title	URL	Source Last Updated
Bipolar Disorder	VA/DoD: Management of Bipolar Disorder (BD) (2023)	Link	2023
	AAFP: Bipolar Disorders: Evaluation and Treatment	Link	2021
	NICE: Bipolar disorder: assessment and management	Link	2025
Depression	AACAP: Clinical practice guideline for the assessment and treatment of children and adolescents with major and persistent depressive disorders	Link	2023
	NICE: Depression in adults: recognition and management	Link	2022
	NICE: Depression in children and young people: identification and management	Link	2019
	VA/DoD: Management of Major Depressive Disorder	Link	2022
Eating Disorders	AAFP: Eating disorders in primary care: diagnosis and management	Link	2021
	AAP: Identification and management of eating disorders in children and adolescents	Link	2021
	APA: Treatment of patients with eating disorders	Link	2023
	NICE: Eating disorders: recognition and treatment	Link	2020
Gender-Affirming Care	2022 WPATH Standards of Care	Link	8/14/2024

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Guideline Subject	Guideline Title	URL	Source Last Updated
	Oregon Health Authority-Gender Affirming Care for OHP	Link	-
	APA: Guidelines for Psychological Practice with Transgender and Gender Nonconforming People	Link	-
PTSD	APA: https://www.apa.org/ptsd-guideline/ptsd.pdf	Link	2025
	VA/DoD: Clinical practice guideline for management of post-traumatic stress disorder and acute stress disorder	Link	2023
	NIH: Treatment Guidelines for PTSD: A Systematic Review	Link	2021
Schizophrenia	APA: Practice Guideline for the Treatment of Patients With Schizophrenia	Link	2020
	VA/DoD: Management of First-Episode Psychosis and Schizophrenia	Link	2023
Substance Use Disorder	The ASAM National Practice Guideline 2020 Focused Update PRACTICE GUIDELINE For the Treatment of Opioid Use Disorder 2020 Focused Update *Notes: Many other organization refer back to this source. APA has not updated their guidelines since 2017.*	Link	2020
	Management of Substance Use Disorder (SUD) (2021) *Notes: Also covers Alcohol*	Link	2021
	The ASAM/AAAP Clinical Practice Guideline on the Management of Stimulant Use Disorder	Link	2024
	ASAM: Guideline on Alcohol Withdrawal Management *Notes: See SUD section for more*	Link	2020

Guideline Subject	Guideline Title	URL	Source Last Updated
Suicide	NIH: Clinical Practice Guidelines for Management of Suicidal Behaviour	Link	2023
	VA/DoD: Assessment and Management of Patients at Risk for Suicide	Link	2024
	AAFP: The Suicidal Patient: Evaluation and Management	Link	2021