

# Frequently Asked Questions (FAQ)



## CCO Quality Incentive Metric

Young Children Receiving Social-Emotional Issue-Focused Interventions/Treatment Services (Social-Emotional Interventions for ages 1-5.99 years old)



The first five years of life are critical for social-emotional development. As an early childhood provider, you are in a key position to notice concerns and support families. Behavioral health services can strengthen family relationships, help children express emotions, and prevent long-term challenges.

The vision and intent of the Social-Emotional Interventions for 1-5 quality metric is to align with the American Academy of Pediatrics Bright Futures recommendations and Early and Periodic Screening, Diagnostic and Treatment (EPSDT) recommendations that all children should be screened and assessed for social-emotional health in the first five years and then receive issue-focused services to address any delays or risk factors associated with social-emotional delay.

### Q: Are screenings included in this metric?

**A:** Screenings are not within the scope of the Social-Emotional Interventions for 1-5 quality metric. The focus of this metric is on social-emotional health issue-focused interventions and treatment services provided by health care providers contracted with CCOs. However, they are a vital first step in identifying children who may need further behavioral health assessment or support.

Tools like the ASQ or ASQ:SE help early childhood providers recognize early concerns, guide conversations with parent/caregivers, and support timely referrals. While not captured in the metric, screenings are essential to ensuring children and families receive the right care at the right time.

### Q: When would I refer?

**A:** You don't need to diagnose a problem. If you notice or feel something concerning, or a parent/caregiver shares a worry, it's a good idea to refer. Reason to refer include (but are not limited to):

- Concerning results from a social-emotional screener (e.g., ASQ:SE)
- Parent/caregiver overwhelmed by child behavior
- Difficulty forming attachments or seeking comfort
- Frequent or intense tantrums, aggression, or withdrawal
- Fearfulness or excessive anxiety
- Family stress or trauma history

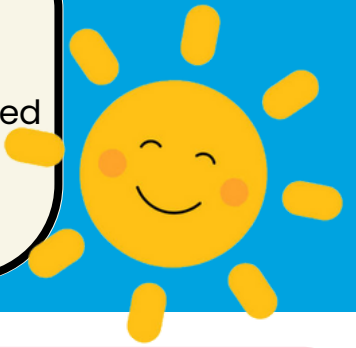


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#### **Q: What if I refer a child and their parent/caregiver for Behavioral Health Assessment that is deemed unnecessary?**

**A:** Babies, toddlers and young children can and do suffer from mental health challenges caused by trauma, neglect, biological factors and environmental situations that disrupt their social-emotional development. If you have a concern, or a parent/caregiver shares worries, making a referral connects the family to important resources. In these instances, it is preferable to address the concern promptly, instead of utilizing the “wait and see” method that is often suggested with developmental delays; intervening early can make a lifelong difference. Even if their initial assessment is deemed not medically necessary, the parent/caregiver will receive additional resources, learn about available parenting groups, and make a connection with a Behavioral Health Provider if and when another challenge arises. Your referral helps build a safety net, not just a response.

#### **Q: What is the referral process to Behavioral Health?**

##### **A: Lutheran Community Services:**

Primary Care Clinics and other community partners are encouraged to fax a Visit Summary and/or referral for a Mental Health Assessment to our office at **(503) 472-8630**. Once received, our team will reach out to the child’s parent/caregiver to schedule an appointment. For general inquiries, please contact our reception at **(503) 472-4020** or via email at [yam-sst@lcsnw.org](mailto:yam-sst@lcsnw.org).

##### **A: Yamhill County Health and Human Services:**

Primary Care Clinics are encouraged to fax a Visit Summary and/or referral seeking a Mental Health Assessment to the **Family and Youth Program at (503) 434-4335**. They will provide outreach to schedule with the child’s parent/caregiver. For general questions you can contact reception at (503) 434-7462.

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**Q: Are there any additional In-network providers who serve children, ages 1- 5 years old?**

**A:** Yes, additional in-network providers:

- **Juliette's House Child Abuse Assessment**  
(503) 435-1550, McMinnville
- **Neurotherapeutic Pediatric Therapies**  
(971) 261-2159, McMinnville
- **Polk County Child & Family Services**  
(503) 623-9289, Dallas
- **Positive Behavioral Supports Corp.**  
(855) 832-6727, McMinnville, Salem, Dallas
- **Julie Kirchner, MFT**  
(971) 253-7585, Newberg
- **Higher Ground Counseling**  
(971) 200-1966, Newberg
- **Fir Counseling**  
(971) 213-5025, McMinnville

**For additional information, please click on OHA's FAQ Document:**

[FAQ: Social-emotional interventions for 1-5](#)

**For additional questions, concerns, or information?  
Please contact:**

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